

# **Energetic Introduction to the Practical Mastery™ Healing Modality**

**Excerpt**



**William M. Austin, III**

Greetings! My name is Bill Austin and I would like to **thank you** for ordering a copy of my book! **I am sure that you will enjoy it!**

## **How to Work with the Images**

As you look at each image, focus on how you feel as you look at it. The images you most enjoy will probably be ones where you are already energetically strong in or the ones that are most relevant to what is going on in your life. Take note of the ones that make you feel uncomfortable because that usually means that you are energetically weak in those areas and that is why you feel discomfort as you look at them. These are the images you want to work with daily for a while. The important thing is to play with the images and have fun!

It takes around three to four weeks for people to fully absorb the energies that are encoded in each image. So keep this book where you can access it throughout the day and look at the images often for a month or so. Every time you look at an image, you will receive healing from it. For some of these books, I have created video and/or audio recordings to help you absorb and integrate the coding of the images.

## **Receive Free Health, Wealth & Success Articles Each Week**

When you sign up for my newsletter, each week you will receive one of the Mastery Training Module articles I created about healing, manifesting, the Law of Attraction, empowered living and spiritual growth. Most of these modules contain a healing image or a link to a free energy healing session to enhance the quality of your life.

In addition, you will receive an email message from me every two to three days that contains a short, sweet and simple two to three paragraph long tip on healing, manifestation and spiritual growth. You can join my newsletter just by going to the web site url below and signing up in the left hand side of the page.

### **FREE HEALING RESOURCES**

-  **43 Free Weekly Healing Articles.**
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[\*\*www.HealingReikiMaster.com/free.html\*\*](http://www.HealingReikiMaster.com/free.html)

### A Little Bit About Me...

My name is Bill Austin and I am a spiritual healer, teacher, artist, writer and visionary living in St Petersburg, FL in the United States. For the first thirty years of my life I led a fairly conventional life. I grew up in a very stable and conservative family in central Virginia. My father was a school teacher and my mother was a nurse who quit working when I was born. I was the oldest child of three children and I have a younger brother and sister. I have always been extremely introverted and inner motivated and driven.

I am very bright and I always did well in school. I graduated from William and Mary in 1983 with a degree in Economics and got a job with the federal government in Washington DC as an economist with the Bureau of Labor Statistics. After a few years of working for Uncle Sam, I decided to enter law school in August of 1987 and I graduated from the University of Virginia's School of Law in May of 1990.

During the month I began studying law at UVA, a very important event occurred on the planet called Harmonic Convergence. During Harmonic Convergence humanity was basically surveyed on the spiritual planes and asked **“Do you want to ascend with the planet or do you want to continue the lessons here on a different time space continuum elsewhere?”** Humanity chose to ascend with the planet much to the surprise of almost everyone and this decision irrevocably changed the course of my life.

The first wave of mass awakening occurred in 1987 and many starseeds like myself had their lives totally rearranged in response to the collective decision made by humanity. When a world chooses to ascend, a lot of cosmic dispensations of grace occur for people who are willing to help out. The first wave of awakening largely woke up the starseeds like myself who are highly evolved souls from other time space continuums that have incarnated on Earth to assist humanity and the planet to ascend. Since 1987 millions of Indigo and Crystalline Christ children have chosen to incarnate here as well and they will change the world in ways that most of us cannot envision at this time.

I had no clue what the Harmonic Convergence thing was about in 1987 and if someone had told me about it, I probably would not have believed them at that time. It would have sounded crazy and weird to me. But what happened to me is that the law school thing no longer served my highest good. I had several gentle wakeup calls that maybe I should be doing something else with my life, but I totally blew them off and I paid a large energetic price for doing so. I am very tenacious and stubborn and I stuck it out and graduated. I was one of a handful of students at UVA to graduate without a job and I developed insomnia my second year because I was so stressed.

Up until that point I had lived a magical life. Everything I wanted I got and it came easily to me and all that was taken away. I moved to Philadelphia and developed back problems and then the legal job market there collapsed. I tried everything under the sun to heal the insomnia thing and nothing worked, And during the process of living with insomnia for over ten years, I lost a lot of my faith in doctors and the medical establishment because I was in a really bad place and nothing they did helped me. One of the main reasons, I became a

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spiritual healer is that I feel that spiritual healing addresses and heals the root cause of imbalances rather than trying to patch up and deal with the effects of them.

In the midst of all this chaos on so many levels of my life, I experienced a spiritual awakening on a Greyhound bus going from Washington DC to Philadelphia in 1991. It felt like a million watts of love going into a ten watt vessel. It only lasted twenty minutes or so but to me it felt like a lifetime. I felt like I was being rewired and I emerged from this experience a very different person. A lot of things that used to be important to me like money and careers and status and education no longer meant anything at all to me. I had encountered the vast potential of who I was and all that stuff just felt irrelevant.

A few days after the bliss wore off, I began to worry that I was going mad with the sleep deprivation and this was the first sign. I did not tell anyone about this experience for many years. Later on I studied the writings of the great mystics and realized that what I had experienced was a mystical experience that others had gone through. I deeply resonated with the mystic teachings around Practicing the Presence and the Dark Night of the Soul.

Insomnia led me to the spiritual path. I read somewhere that meditation helped some people handle the effects of prolonged sleep deprivation so I checked out a huge stack of meditation books from the library and found the simplest way possible. And much to my deep shock, daily meditation helped me to coexist with sleep deprivation. Daily meditation led me to beginning to follow a spiritual path.

Over a two year period I read hundreds of self help and psychology books and stumbled into channeled books and the New Age. I loved the series of channeled books by Sanaya Roman. I liked her books so much that in 1991, I learned how to channel and I actually had great success with it. For a month or two I seriously considered the possibility of becoming a professional channel but I chose not to. Looking back on it now I realize that the only being I have ever wanted to channel or bring in really is the highest level aspect of my monad – which is the soul of my soul.

I was on the spiritual path for about ten years when I first felt drawn to begin working with other people. I was irritated about the whole thing because by then I had a good job that I enjoyed and was making lots of money and had benefits. But the call to heal got so strong that I began to cave in. I got attuned for Usui Reiki by one of my spiritual teachers in late 1999 and I took my first energy healing class in early 2000. I quit my secure state job to work as a healer full time in June 2003. I downloaded the Practical Mastery™ healing modality in 2005 and the Mastery Sequences in 2006. In 2006, I began encoding healing and enlightenment energies into paintings. In 2007, I began working with Anita Briggs on Inner Mastery Tools. In 2008, I downloaded hundreds of Heart Oriented Ascension activations and began working on Feng Shui manuals with Monica Castaneda. In 2009, I began working with Maria Bowling on a children's book.

I am very excited to launch this series of spiritual healing books. As I create these books, I feel myself upgrade so I know that they will be very powerful. My hope and intent is that these books will provide a space of healing and support for all who are drawn to them.



### About My Line of Healing Image Books

Over the last eighteen years I have been consciously walking a spiritual path, I have encountered lots of people who are very intent and focused on growing. I feel that often their lives are out of balance since they focus so much on growth for the sake of growth. Many of them feel so heavy to me that I find it hard to be around them. It is my intent, vision and hope that this line of healing image books will help people to heal, grow, evolve and expand in a fun, joyful and playful manner with lots of ease and grace.

My passion in life is really about mastery – helping people to apply spiritual principles and universal laws to create a life that works. An important part of mastery for me is about finding ways to help other people with the minimal investment of my personal time and energy. I highly value my time and I am always seeking ways to utilize it more effectively. I am also very interested in using technology to leverage getting my work out to the people who resonate with it. My interest in technology is why I created a web page on YouTube to get my work out in video format ([www.YouTube.com/billaustinart](http://www.YouTube.com/billaustinart)).

Printing technology has reached the point that it is fairly easy to self publish so I am reformatting my work for this medium. These books target areas that come up over and over again whenever I work with clients for the first time. **Each of the images in this book is a healing session.** Many of the images are based on healing sessions I created for my major modalities that I am placing into these books. I often combine multiple sessions into one image to boost their power and effectiveness. I also am providing internet access to some of my most powerful healing video and recordings to people who order these books.

As I write this, I am planning to create a series of seven healing image books:

- Bill Austin's Self Help, Clearing and Healing Program
- Energetic Introduction to the Practical Mastery™ Healing Modality
- Energetic Introduction to the Angelic Mastery™ Healing Modality
- Energetic Introduction to Heart Oriented Ascension
- Empowerment Healing Module for Stress, Fear, Downer Emotions, Scarcity Consciousness, Self Sabotage and Addictions
- Empowerment Healing Module for Self Love, Self Esteem, Forgiveness and Relationships
- Angelic Love Washes and Healing Modules
- Bill's Blasting and Blessing Book

Many of these images contains healing energies and frequencies from some of the healing modalities and tools I have created over the last five years (for more information go to [www.BillAustinArt.com](http://www.BillAustinArt.com)). My major tools and modalities at this time are:

- Practical Mastery™ Spiritual Healing and Enlightenment modality
- Angelic Mastery™ Spiritual Healing and Enlightenment modality
- Universal Clearing Profile (most effective tool for clearing I have ever used)
- Crystalline Rainbow Reiki (heart paradigm version of Reiki)
- Blasting Line of Sessions

## Energetic Introduction to the Practical Mastery™ Healing Modality

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### About The Energetic Introduction to the Practical Mastery™ Healing Modality

I really resonate and love how the Chinese couple crisis with opportunity. Practical Mastery™ entered my life as a crisis in my spiritual healing practice in mid 2005.

After several years of straddling the fence and doing my traditional, stable, high-paying job with benefits during the day and working on my spiritual healing practice at night, I decided to gather up my courage and take a leap of faith. In June 2003, I quit working for the State of Colorado, spent six months camping all over the US and moved to Florida in January 2004. When I quit my job, I wasn't sure if I would be able to survive as a healer but I found that I manifested the money to live comfortably on my own much to the shock of my parents and somewhat to my own surprise.

But the first two years of full time healing, I was largely working with other people's healing modalities, tinkering a bit by incorporating angelic healing approaches into all the work I did but life was good. I knew that I was supposed eventually to do my own thing but I was very, very comfortable and extremely successful in introducing other people's healing modalities to people who were drawn to my work. In other words, I was coasting and enjoying my life.

In mid 2005, to my horror a lot of the modalities no longer worked for me – they seemed to work for other people but they no longer worked for me. The modalities I had studied and relied upon for years originated in the Mental Paradigm and I personally was entering the Heart Paradigm and could no longer work with the slower energies of the Mental Paradigm.

I began pulling the healing sessions from the web site until there were only a few sessions I could with integrity offer people and that just was not enough to keep me afloat. I had a choice - I could either abandon the healing work altogether or bring in my own body of work. This was a very scary time for me and I prayed a lot. This is the point in my life where I switched from a meditation oriented spiritual path to a prayer oriented one.

After much emotional turmoil and chaos, I came to a place of deep surrender where I was willing to do whatever the Creator wanted me to do. I also moved into a space of greater trust and honoring for who I AM and what I came here to do. This is when I began downloading my first modality which I called Practical Mastery™. It began with a series of twelve clearing sessions and morphed into a full blown healing modality with over six hundred sessions. I have attuned Practical Mastery™ practitioners in over fourteen countries and there are several Practical Mastery™ web sites in languages that I cannot read.

I am delighted to be able to offer this book to help introduce people to Practical Mastery™. What I love about this modality is that it helps people to function as masters of the third dimensional school we call Earth. There are five major types of sessions: Clearing, Profile Purges, Abundance, Emotional Mastery and Enlightenment. Profile purge sessions help clear out the less-than-love mental programs, patterns, beliefs and thought forms. Emotional Mastery sessions help people to release the fear-oriented emotions and anchor and operate from the love-oriented ones.

When I meditated on a description for Practical Mastery™, here is what I got:

**“Practical Mastery™ is not so much a healing modality but a set of tools for activating and accessing the divine within you. These tools will propel you into greater levels of your mastery. “Practical Mastery™” is designed to allow individuals to receive great levels of healing that is 100% aligned to the Creator.”**

### Videos on the Download Page

To introduce readers of this book to the Practical Mastery™ healing modality, I have given people who purchase this book Internet access to four of the series of videos I created for this modality. Here is a little more information about each of these videos. Some of these sessions has a trigger word with the name of the attribute which means that you can repeat the session for yourself via intent in the future after you listen to the video. **The download page instructions are on page 4 of this book.**

### Practical Mastery™ Video: Clearing Sessions 1:

One of the most important groups of Practical Mastery™ sessions are the clearing ones. This video is a transmission of twelve of the most important clearing sessions.

- The first transmission is a **Practical Mastery™ Clearing Session for Auric Field Integrity** which helps you to clear, heal, repair, and shield the aura, auric sheath and other energy fields, systems and bodies.
- The second transmission is for **Claiming, Embracing and Healing Your Shadow** which helps you to clear old less-than-love energy patterns, templates and blueprints around your shadow.
- The third transmission is for **Clearing Control, Attachments, Expectations and Agendas** which helps you to release less-than-love energies associated with being in control/being controlled, attachments and expectations.
- The fourth transmission is for **Clearing Covenants, Contracts, Vows, Oaths and Promises** which helps you to release covenants, contracts, vows, oaths and promises that no longer serve your highest good.
- The fifth transmission is for **Clearing Dark Influences** which helps you to release less-than-love energies associated with cultural influences (media, books, movies, etc.), religions, and dark influences from magical systems.
- The sixth transmission is for **Clearing Limitation Profiles from the Energetic Systems** which helps you to release negative energies that are hidden by blind spots. Helps you to see your life more clearly.
- The seventh transmission is for **Clearing Entities, Spirit Attachments and Other Non-YOU Energies:** Helps you to release less-than-love entities and spirit attachments or possessions. People can use the trigger words "Release Entities" to release entities.
- The eighth transmission is for **Clearing Implants and Other Suppression Devices, Profiles and Programming:** Helps you to release negative energies associated with implants. People can use the trigger words "Release Implants" to release them.

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- The ninth transmission is for **Clearing Karma and Karmic Contracts**: Helps you to release karma, karmic contracts, karmic agenda and karmic hooks and cords at the deepest level possible.
- The tenth transmission is a **Practical Mastery™ Clearing Session for Divine Ideal Conception, Gestation and Birthing** which helps you to re-script your conception and gestation so that you may remove every fear, concern and less-than-love-and-light thought or word you felt while in the womb.
- The eleventh transmission is a **Practical Mastery™ Clearing Session for Healing Your Inner Child and Wounded Child** which helps you by re-scripting the past to reflect a new reality where your inner child was nurtured throughout your life.
- The twelfth transmission is a **Practical Mastery™ Clearing Session for Releasing and Rescripting Cords** which helps you to release cords. People can use the trigger words “Release Cords” to help you release them in the future.

### **Practical Mastery™ Video: Profile Purges 1:**

These fifteen sessions are all profile purges. The Practical Mastery™ Profile Purge sessions are important because they purge from the person’s being and consciousness everything that they have experienced not only in this lifetime but in past lives as well. Profile purges are the clearing work that is necessary for a being to attain emotional mastery and become enlightened. The profile purges help you to release the old operating systems and give you new blueprints and wiring so that you can release the old patterns and programming. The profile purges, healing profiles and clearing profiles are the foundation work to the emotional mastery.

- The first transmission is a **Practical Mastery™ Profile Purge for Abandonment, Betrayal and Desertion**.
- The second transmission is a **Practical Mastery™ Profile Purge for Addictive, Compulsive and Obsessive Behavior**.
- The third transmission is a **Practical Mastery™ Profile Purge for Arrogance, Pride, Feelings of Either Superiority and Inferiority**.
- The fourth transmission is a **Practical Mastery™ Profile Purge for Believing or Rather Not Believing in Yourself**.
- The fifth transmission is a **Practical Mastery™ Profile Purge for Blame, Shame and Guilt**.
- The sixth transmission is a **Practical Mastery™ Profile Purge for Greed and Envy**.
- The seventh transmission is a **Practical Mastery™ Profile Purge for Confusion**.

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- The eighth transmission is a **Practical Mastery™ Profile Purge for Depression, Despair and Disappointment.**
- The ninth transmission is a **Practical Mastery™ Profile Purge for Fair/Unfair.**
- The tenth transmission is a **Practical Mastery™ Profile Purge for Fear.**
- The eleventh transmission is a **Practical Mastery™ Profile Purge for Feeling Depleted, Exhausted and Burned Out.**
- The twelfth transmission is a **Practical Mastery™ Profile Purge for Feeling Unsafe and Unprotected.**
- The thirteenth transmission is a **Practical Mastery™ Profile Purge for Giving Your Power Away to Others or Taking Power Away from Others.**
- The fourteenth transmission is a **Practical Mastery™ Profile Purge for Good/Bad.**
- The fifteenth transmission is a **Practical Mastery™ Profile Purge for Greed and Envy.**

### **Practical Mastery™ Video: Emotional Mastery 1:**

When I meditated about what is emotional mastery this was the answer I got: “The beings on your world tend to neglect the emotional mastery that needs to be done in order to spiritualize the mind and body. And what these emotional mastery profiles will do will assist the being to transform the denser lower emotions and bringing them into a higher more ascended form of expression of the love emotions - because there are only two emotions love and fear. So emotional mastery occurs when the only the love emotions are expressed.”

- The first transmission is a **Practical Mastery™ Emotional Mastery Session for Abundance.**
- The second transmission is a **Practical Mastery™ Emotional Mastery Session for Acceptance.**
- The third transmission is a **Practical Mastery™ Emotional Mastery Session for Being Authentic/Being True to Yourself.**
- The fourth transmission is a **Practical Mastery™ Emotional Mastery Session for Beauty.**
- The fifth transmission is a **Practical Mastery™ Emotional Mastery Session for Believing in Yourself.**
- The sixth transmission is a **Practical Mastery™ Emotional Mastery Session for Christ Consciousness.**



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- The seventh transmission is a **Practical Mastery™ Emotional Mastery Session for Clarity**.
- The eighth transmission is a **Practical Mastery™ Emotional Mastery Session for Courage**.
- The ninth transmission is a **Practical Mastery™ Emotional Mastery Session for Creativity**.
- The tenth transmission is a **Practical Mastery™ Emotional Mastery Session for Focus**
- The eleventh transmission is a **Practical Mastery™ Emotional Mastery Session for Freedom and Independence**
- The twelfth transmission is a **Practical Mastery™ Emotional Mastery Session for Grace**.
- The thirteenth transmission is a **Practical Mastery™ Emotional Mastery Session for Happiness**.
- The fourteenth transmission is a **Practical Mastery™ Emotional Mastery Session for Health/Healthy**.
- The fifteenth transmission is a **Practical Mastery™ Emotional Mastery Session for Hope**.

### **Practical Mastery™ Video: Enlightenment 1:**

These series of sessions help people to grow spiritually in a grounded way with ease and grace. The most important ones are placed on video.

- The first transmission is a **Practical Mastery™ Enlightenment Session for Divine Love Wash** – Session from angelic realms that bathes the energetic systems and quantum fields and particles with unconditional love every time you say the trigger word “ Love Wash. ”
- The second transmission is a **Practical Mastery™ Enlightenment Session for Golden Liquid Love of GOD Infusion**: This powerful activation from GOD helps you to hold and anchor and radiate the golden liquid love of GOD. This activation helps people to embody the love of GOD and to heal and to restore their hearts back to the pristine, original blueprints of the Creator. Trigger word is "Liquid Love of GOD Infusion."
- The third transmission is a **Practical Mastery™ Enlightenment Session for Christ Consciousness Codes** which assists you to physically embody the frequencies of Christ Consciousness. Energetically rewires your four lower bodies (physical, etheric, emotional and mental) so that you can hold and radiate this divine attribute out to others.

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- The fourth transmission is a **Practical Mastery™ Enlightenment Session for Clearing Your Genome** which helps you to clear, heal and release the genetic coding, patterns and predispositions that are not aligned with the divine ideal for your specific genome.
- The fifth transmission is a **Practical Mastery™ Enlightenment Session for Clearing Your Over-Soul** which helps you to clear, heal and release old less-than-love programs from your over-soul.
- The sixth transmission is a **Practical Mastery™ Enlightenment Session for Creator Love Sheath and Plating** which places a fast moving, electrical sheathe or plating of unconditional love from the Heart of the Creator around all energetic systems of each sentient being. When dense, heavy, slow, stuck and less-than-love energies try to enter the energetic systems, much of this energy will be transmuted by the love sheathe and the less-than-love energies that do get through will be broken up, fragmented and much, much diluted.
- The seventh transmission is a **Practical Mastery™ Enlightenment Session for Creator Brain Expansion Activation** which is a transmission from the Creator that assists you in expanding your brain capacity and abilities as you evolve and raise your vibration.
- The eighth transmission is a **Practical Mastery™ Enlightenment Session for Defragging and Recalibrating the Four Lower Bodies** which empowers your God Self to streamline and reorganize your four lower bodies as well as to do so periodically in the future whenever it is required for optimal well-being and functioning of the four lower bodies.
- The ninth transmission is a **Practical Mastery™ Enlightenment Session for .Divine Child** which energetically re-scripts your childhood to reflect the ideal childhood you would need to obtain mastery at the earliest possible age. Includes lots of programs to assist with inner child healing and development as well.

### Two Notes

1. You only have to watch the video once to receive the full benefits of these transmissions.
2. **Please drink LOTS of water for a few days after you watch the videos.** This helps your body to release toxins.

To learn more about additional healing videos for Practical Mastery™, please visit:  
[www.billaustinart.com/pmvideos.htm](http://www.billaustinart.com/pmvideos.htm)

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### **Recommended Use**

You may want to keep this book with you throughout the day. I strongly encourage you to look at it several times a day at least for the first few weeks. A great practice would be to look at the images in the book first thing when you wake up, during your lunch hour and the last thing before you go to bed.



## How the Vibrationally Encoded Healing Images and Master Healing Images Work

Each of the vibrationally encoded images in this book are digitally rendered paintings that have many layered energies, frequencies, and 'coding' embedded into them. Basically each of the images is encoded or programmed with certain clearing, healing and enlightenment energies that are indicated in the title of the image. They provide healing in several ways. One way is that a lot of energy is being transmitted through colors. The colors of each image are carefully selected to help promote, enhance and magnify the specific healing required in an image.

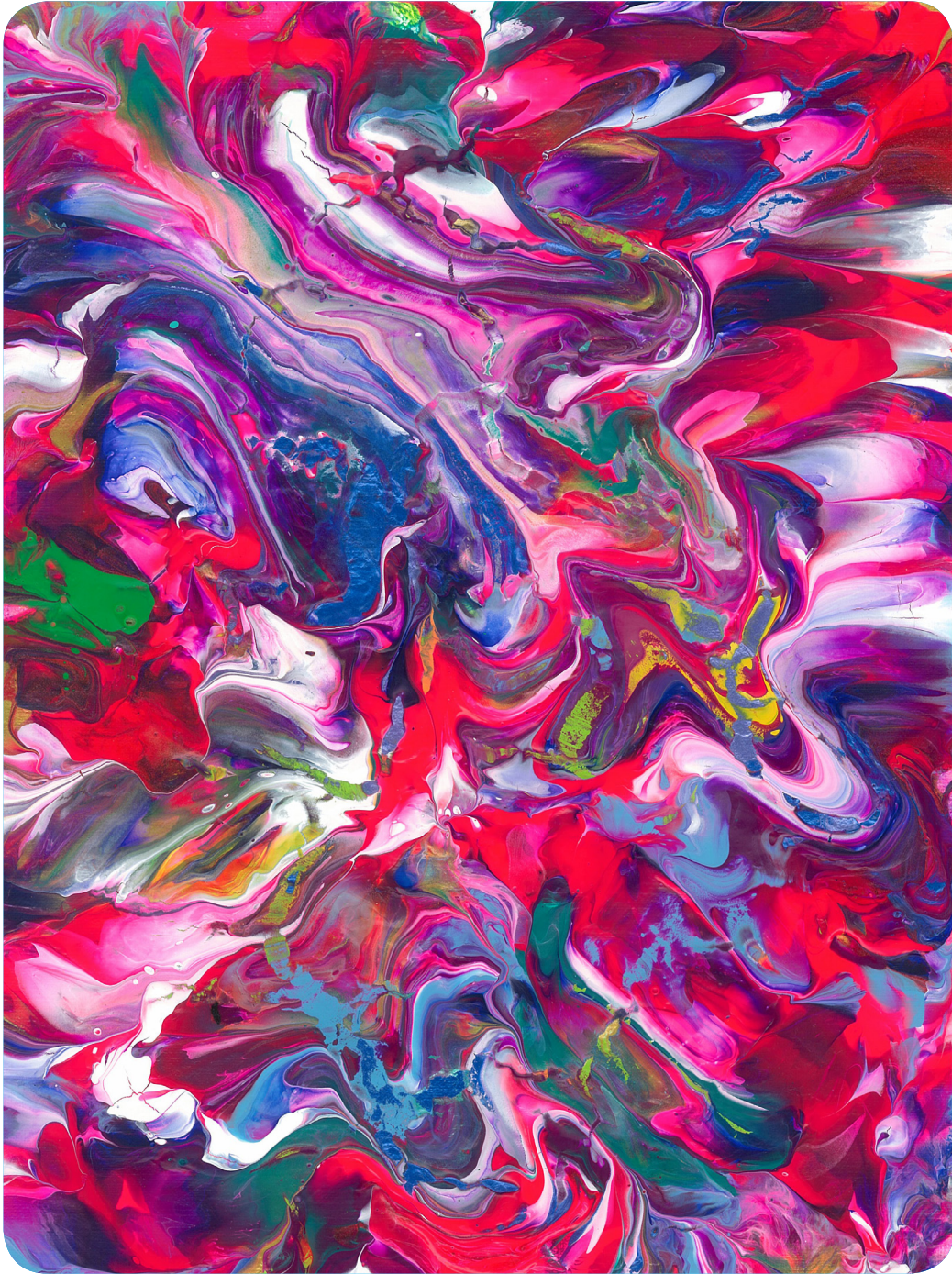
The second level of healing of the images comes from their impact on the programming in your brains, minds, neurons and brain chemistry. As you look at the images—the shapes and the color vibrations—you are stimulating and rewiring your brains and minds to clear out a lot of old, outdated subconscious programming, and wiring to bring in higher-level concepts that will support accelerated healing, growth and evolution.

The third level of healing is through *magnetic resonance*. Magnetism is instantaneous and unbounded in potential. The images re-magnetize your brain to attract as much healing and evolution as you can that is aligned with your highest good and spiritual evolution in the NOW. The images respond to the individual and will begin to work in you from your current point of consciousness. As soon as you look at an image, the clearing, restructuring, or awakening begins. The more frequently and the longer that you look at an image, the more deeply it works in you.

While you do not have to think about the subject matter of the image to benefit from them, you can also work more consciously with them and request specific clearings within their scope. Once the healing frequencies have been integrated, then looking briefly or even a glance at the images can reinforce and deepen them.

You can frame the images, print them in black and white (they still will hold the energy of the color originals), laminate them, reduce them, cut them up or do whatever and the images will still energetically hold the same vibration as the original image. The reason is that we live within a holographic universe and each part of the image is a hologram that contains the vibration of the whole.

**Important Note: Master Healing Images are the most powerful ones because they combine the energies of many images into one. If you have limited time to work with the images, focus on the images with Master Healing Image in the title.**



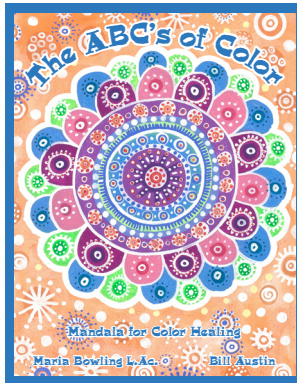
**Stress, Anxiety, Fear and Downer Emotions Transmuter Shield**





**Healing and Releasing the Mental/Mind Paradigm and  
Aligning with the Heart Paradigm**

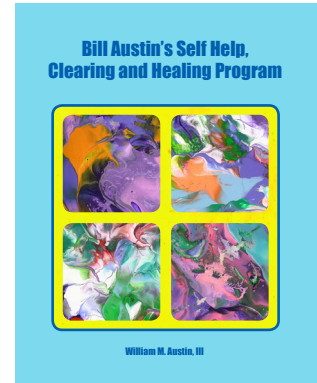
# Other Books Authored or Co-Authored by Bill Austin:



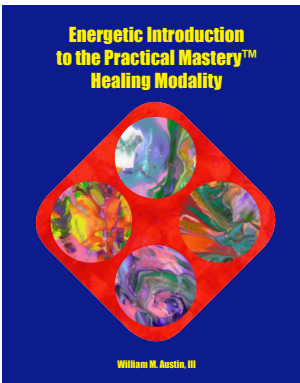
*The ABC's of Color* (by Maria Bowling and Bill Austin)



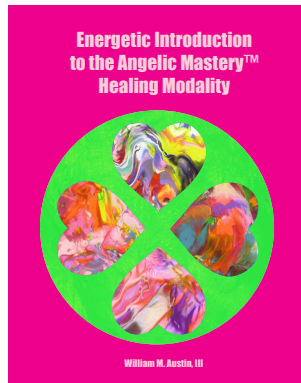
*Transform YOUR Relationship with Money*



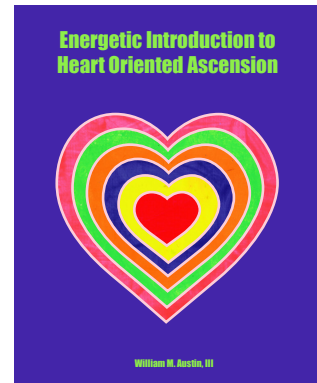
*Bill Austin's Self Help, Clearing and Healing Program*



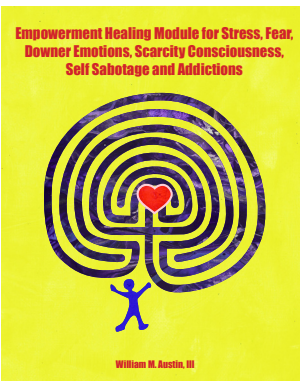
*Energetic Introduction to the Practical Mastery™ Healing Modality*



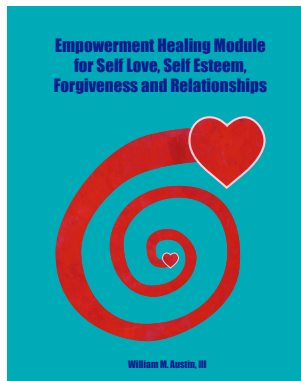
*Energetic Introduction to the Angelic Mastery™ Healing Modality*



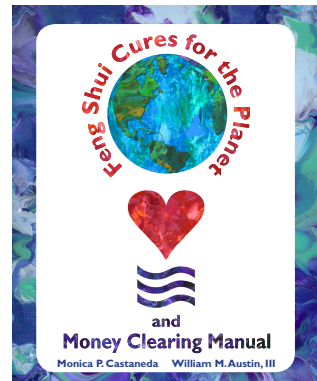
*Energetic Introduction to Heart Oriented Ascension*



*Empowerment Healing Module for Stress, Fear, Downer Emotions, Scarcity Consciousness, Self Sabotage and Addictions*



*Empowerment Healing Module for Self Love, Self Esteem, Forgiveness and Relationships*



*Feng Shui Cures for the Planet and Money Clearing Manual* (by Monica P. Castaneda and Bill Austin)



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[www.EnergyHealingBooks.com](http://www.EnergyHealingBooks.com)